This Institution is an equal opportunity provider

# Choice Academies September Lunch Menu 2022

| Grab & Go | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Grab & Go items are for JP and Staff only.<br>**Week 1:**<br><br>**Soup: N/A** | | | | 1<br>**Pepperoni Pizza (A)**<br>Cheese Pizza (B)<br>Garden Salad<br>Fruit | 2<br>***No School*** |
| **Week 2:**<br><br>**Soup: Vegetable** | 5<br> <br><br>School Closed | 6<br>**Chicken on w/WW Bun (A)**<br>PBJ, Cheese Stick (B) Carrots, Fries<br>Fruit | 7<br>**Pasta w/Meat Sauce (A)**<br>Pasta w/Marinara Sauce (B)<br>Green beans,<br>Fruit | 8<br>**BBQ Pulled Pork on WW Bun (A)**<br>Veggie Wrap w/lettuce, tomato, green/red pepper, cucumber (B)<br>Fries, Fruit | 9<br>**Pepperoni Pizza (A)**<br>Cheese Pizza (B)<br>Garden Salad<br>Fruit |
| Week 3:<br><br>Soup: Cream of Potato | 12<br>**French Toast Sticks w/ Pork Sausage (A)**<br>French Toast Sticks w/ Scrambled Eggs (B)<br>Fruit | 13<br>**Chicken Taco Salad (A)**<br>Cheese Quesadilla (B)<br>Corn<br>WW Tortilla<br>Fruit | 14<br>**Ham & Cheese Sub w/lettuce & tomato (A)**<br>Veggie Sub w/ Cucumber, lettuce, tomato, cheese, green/red pepper<br>Cheese stick (B)<br>Broccoli, Fruit | 15<br>**Cheeseburger WW/bun (A)**<br>**PBJ (B)**<br>**Hamburger (C)**<br>Fries<br>Fruit | 16<br>**Pepperoni Pizza(A)**<br>Cheese Pizza (B)<br>Garden Salad<br><br>Fruit |
| **Week 4:**<br><br>**Soup: Broccoli** | 19<br>**Chicken Nuggets & WG Waffles (A)**<br>WG Waffles & Scrambled Egg (B)<br>Fruit | 20<br>**Chicken Fajita (A)**<br>Veggie Fajita (B)<br>Spanish Rice, Mixed Veggie<br>Fruit | 21<br>**Grilled Cheese & Ham (A)**<br>Grilled Cheese Sandwich(B)<br><br>Green Beans,<br>Fruit | 22<br>**Popcorn Chicken w/ Mashed Potatoes & Gravy (A)**<br>Grilled Cheese w/ Mashed Potatoes (B)<br>Corn, Fruit | 23<br>**Pepperoni Pizza (A)**<br>Cheese Pizza (B)<br>Garden Salad<br><br>Fruit |
| Week 5:<br><br>Soup: Stuffed Pepper | 26<br>**Pancakes w/ Pork Sausage (A)**<br>Pancakes w/ Scrambled Eggs (B)<br><br>Fruit | 27<br>**Beef Taco (A)**<br>PBJ (B)<br>Seasoned Pinto Beans<br>Mixed Veggies, Fruit | 28<br>**Orange Chicken (A)**<br>Grilled Cheese on WW Bread Cheese Stick (B)<br>Veggies, Rice, Fruit | 29<br>**BBQ Chicken Sandwich (A)**<br>Cheese Quesadillas (B)<br>Carrots/Celery<br>Fruit | 30<br>**Pepperoni Pizza (A)**<br>Cheese Pizza (B)<br>Garden Salad<br><br>Fruit |
| **WG: Whole Grain**<br>**PBJ: Peanut Butter & Jelly Sandwich**<br>**Meat Entrée (A) Vegetarian Entrée (B)**<br><br>**Fresh Salad or Fruit Daily: Oranges, apples, strawberries, peaches, mixed fruit or pears** | If you have any questions regarding the Food Service Program, you may contact Caprice Preston at (602) 938-5517, ext. 106 or email at cpreston@choiceacademies.org | Students from K-8 have a choice of 1% white or non-fat chocolate milk. Pre-K students are served 1% white milk only | | **Adult meals: $4.00**<br>**Child paid meals: $3.30**<br><br>**Reduced price meals: $.40**<br><br>**Free and Reduced Applications are available in all school lobbies** | |